

Coalition of Labor
Union Women



*District of Columbia Metropolitan
Chapter*

The Metro DC CLUW Chapter would like to publish a Historical Cookbook featuring Women of CLUW in the Metropolitan Washington DC Area. As working women we have always had to combine work with family life, not only did we “bring home the bacon but we also cooked it up”. We would like to have this available for sale at the CLUW Convention in October 2007. We are requesting your support of this fundraising project by your submission of a short biography of your life as a Labor Unionist and a working wife/mother, along with a few favorite recipes. Below is a questionnaire that hopefully will give you some direction. Use it as a guideline and feel free to share with us what ever you would like.

Thank you in advance for your support. Please submit your “bio” and recipes along with a favorite picture by MAY 31, 2007.

Union Women Cook!
Draft Questionnaire

Biographical Background

Name _____

Address _____

Phone (W) _____ (H) _____

E-mail _____

Union _____

Position in Union _____

Please enclose one of your favorite photos of yourself

How did you first become involved in a union?

What do you feel is your most important accomplishment as a union activist and why?

Do you have any stories you would like to share about your years as a union activist/leader?

Can you offer some survival suggestions as a working Mom/Wife, to younger women just starting out?

Can you offer suggestion about taking care of yourself mentally, physically/health wise and emotionally?

When and how did you first become involved in CLUW?

Do you have any memorable CLUW experiences to share?

Do you have stories about your recipes?

Recipes