



## OUR 6-WEEK PRE-APPRENTICESHIP PROGRAM

Prepares You To Become a Better Candidate for Entry  
Into Apprenticeships or Occupations Like These:

**Insulation • Heavy Equipment • Building Maintenance • Laborers  
• Cement Masonry • Steam fitting • Bricklaying • Sheet Metal Work  
• Plumbing • Electrical Systems • Carpentry • Ironwork  
• Fire & Alarm Systems • Painting**

### To apply you must:

- Want a career in construction
- Be 21 years of age or older
- Be Drug-free & healthy
- Have a high school diploma or GED
- Have a Valid Driver's license or Learner's Permit

### You will learn about:

- The construction industry
- Tools and materials
- Basic construction math
- Blueprint reading
- Job readiness
- Green Technologies

### Become certified in:

- OSHA 10
- CPR
- First Aid and AED
- Flagger Safety
- LEED 101

**If you are interested in CONSTRUCTION as a career,  
CALL (202) 974-8223 for more information.**

*Note: Applications to the May 2013 Class accepted March 26- April 19*



AFL-CIO Community Services and United Way Partnership

**Community Services Agency of the Metropolitan Washington Council, AFL-CIO**

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